



## Brain tumour

This leaflet is for patients with a brain tumour and provides details of organisations you may find helpful. Your specialist nurse is:

**Maggie Fitzgerald** 020 3826 2096  
07766 244768

For appointment enquiries contact your consultant's secretary

**For emergencies:  
24 hr Emergency Advice Line:  
07825 028855**

If you have any questions about your cancer, please do not hesitate to contact the **Lynda Jackson Macmillan Centre** at Mount Vernon Cancer Centre. The drop-in centre and telephone helpline are open:

Mon – Fri: 9.30am – 4.30pm

Helpline: **020 3826 2555**

Website: **www.ljmc.org**

List of **local support and information services**: ask for a copy of LJMC leaflet HHC200

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### Organisations for brain tumours

#### Brain & Spine Foundation

0808 808 1000

[www.brainandspine.org.uk](http://www.brainandspine.org.uk)

#### Brain Tumour Action

0131 466 3116

[www.braintumouraction.org.uk](http://www.braintumouraction.org.uk)

#### Brain Tumour Charity

0808 800 0004

[www.thebraintumourcharity.org](http://www.thebraintumourcharity.org)

#### Brainstrust

01983 292405

[www.brainstrust.org.uk](http://www.brainstrust.org.uk)

#### Meningioma UK

01787 374084

[www.meningiomauk.org](http://www.meningiomauk.org)

### Other organisations

#### Epilepsy Action

0808 800 5050

[www.epilepsy.org.uk](http://www.epilepsy.org.uk)

#### Headway - the brain injury association

0808 800 2244

[www.headway.org.uk](http://www.headway.org.uk)

#### Stroke Association

Supports and empowers people with Aphasia

0303 303 3100

[www.stroke.org.uk](http://www.stroke.org.uk)

### Local support groups

#### Bedford

**Brain Injury Charity, Headway Bedford**

01234 310 310

#### Hertfordshire

**Headway Hertfordshire**

0300 330 1455

#### High Wycombe

South Bucks Hospice

01494 463198

## Hillingdon

### Hillingdon Brain Tumour and Injury Group

Contact: Becky Haggar

07769 323142

[hbtg.org.uk](http://hbtg.org.uk)

## Luton

### Headway Luton

01582 876 729

## North London

### Meningioma UK

Enfield Town Library

01787 374 084

## After treatment

### Take Control

This is a 3-hour workshop for cancer patients who have finished, or are just about to finish treatment. It focuses on practical and emotional skills, self-management techniques and coping strategies to help you move forward and 'take control' of life after treatment has finished.

Lynda Jackson Macmillan Centre

Mount Vernon Hospital

020 3826 2555

### HOPE

A course that helps people who have had cancer to move on with life after treatment.

It runs for six weeks, 2½ hours a week, at the Lynda Jackson Macmillan Centre. The course aims to enable people to cope emotionally, psychologically and practically by focusing on building on their existing strengths.

Lynda Jackson Macmillan Centre

Mount Vernon Hospital

tel: 020 3826 2555