



Gastrointestinal cancer

This leaflet is for patients with gastrointestinal cancer and provides details of organisations you may find helpful.

Your specialist nurses: 020 3826 2115

Sarah Cleary 07788 790488

Melanie Blyth 07900 405285

For appointment enquiries contact
your consultant's secretary

For emergencies:
24 hr Emergency Advice Line:
07825 028855

If you have any questions about your cancer,
please do not hesitate to contact the
Lynda Jackson Macmillan Centre at Mount
Vernon Cancer Centre. The drop-in centre
and telephone helpline are open:

Mon – Fri: 9.30am – 4.30pm

Helpline: **020 3826 2555**

Website: **www.ljmc.org**

List of **local support and information services:**
ask for a copy of LJMC leaflet HHC200

Bowel cancer

Beating Bowel Cancer

020 8973 0000

www.beatingbowelcancer.org

Bladder & Bowel Foundation

0845 345 0165

www.bladderandbowelfoundation.org

Bowel Cancer UK

www.bowelcanceruk.org.uk

Cancer of unknown primary (CUP)

Jo's Friends - Cancer of Unknown Primary Foundation

www.cupfoundjo.org

GIST

GIST Support UK

0300 400 0000

www.gistsupportuk.com/

Oesophageal cancer

Barrett's Oesophagus Campaign

www.barrettscampaign.org.uk

Ochre

0800 822 3370

www.ochrecharity.org.uk

Oesophageal Patients Association

0121 704 9860

www.opa.org.uk

Pancreas

Pancreatic Cancer UK

0808 801 0707

www.pancreaticcancer.org.uk

Sarcoma

Sarcoma UK

0808 801 0401

www.sarcoma.org.uk

Other organisations

Colostomy Association

Offers support, reassurance and practical
information to anyone who may be about
to have, or already has, a colostomy.

0800 328 4257

www.colostomyassociation.org.uk

Core - fighting gut and liver disease

Provides practical information to patients,
families and carers.

020 7486 0341

www.corecharity.org.uk

Hollister Ltd

Provides products for ostomy care and continence care.

0800 521377

www.hollister.co.uk

Ileostomy & Internal Pouch Support Group

Provides support and information.

Also offers visiting service.

0800 018 4724

www.iasupport.org

My New Hair

Provides public advice and supports independent salons and professionals who provide a wig styling service for people suffering from cancer and medical hair loss.

www.mynewhair.org

White Rose Collection Ltd

Useful products to make life with a stoma more comfortable including underwear, swimwear and accessories.

0345 460 1910

www.whiterosecollection.com

Local support groups

Hillingdon

Semi-Colon Club

Contact: Pat Black

01895 279391

Luton

Upper Gastro Intestinal Patient Support Group

Contact: Wendy Shearsmith

01582 497971

Other sources of support and information

Cancer Research UK

Funds research into cancer. Provides information on cancer and its treatments.

0808 800 4040

www.cancerresearchuk.org

HealthTalkOnline

Website with videos in which patients share their experiences of cancer.

www.healthtalk.org

Macmillan Cancer Support

Provides practical, medical and financial support. Tel: 0808 808 0000

www.macmillan.org.uk

Macmillan Online Community

Anonymous, free network of people affected by cancer. Join and get support from others.

www.community.macmillan.org.uk

NHS Choices www.nhs.uk

After treatment

Take Control

This is a 3-hour workshop for cancer patients who have finished, or are just about to finish treatment. It focuses on practical and emotional skills, self-management techniques and coping strategies to help you move forward and 'take control' of life after treatment has finished.

Lynda Jackson Macmillan Centre
Mount Vernon Hospital 020 3826 2555

HOPE

A course that helps people who have had cancer to move on with life after treatment.

It runs for six weeks, 2½ hours a week, at the Lynda Jackson Macmillan Centre. The course aims to enable people to cope emotionally, psychologically and practically by focusing on building on their existing strengths.

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Mount Vernon Hospital 020 3826 2555