



Gynaecological cancer

This leaflet is for patients with gynaecological cancer and provides details of organisations you may find helpful.

Your specialist nurse is:

Kath Cremins (Wed-Fri) 020 3826 2091
07917 078214

For appointment enquiries contact your consultant's secretary

For emergencies:
24 hr Emergency Advice Line:
07825 028855

If you have any questions about your cancer, please do not hesitate to contact the **Lynda Jackson Macmillan Centre** at Mount Vernon Cancer Centre. The drop-in centre and telephone helpline are open:

Mon – Fri: 9.30am – 1pm & 2pm – 4.30pm

Helpline: **020 3826 2555**

Website: **www.ljmc.org**

List of **local support and information services:** ask for a copy of LJMC leaflet HHC200

Organisations for gynaecological cancer

The Eve Appeal
0808 802 0019
www.eveappeal.org.uk

Cervical cancer
Jo's Cervical Cancer Trust
0808 802 8000
www.jostrust.org.uk

Ovarian cancer
Ovacome
0800 008 7054
www.ovacome.org.uk

Ovarian Cancer Action
020 7380 1730
www.ovarian.org.uk

Target Ovarian Cancer
020 7923 5470
www.targetovariancancer.org.uk

Vulval cancer

RV Club
Helpline service provided by experienced patient.
01977 640243

Vulva Awareness Campaign Organisation
0161 747 5911
www.vaco.co.uk

Other organisations

Daisy Network
Supports women who have experienced a premature menopause due to a medical condition or treatment.
www.daisynetwork.org.uk

Local support groups

Barnet
Ovarian Cancer Support Group
Contact: Fiona Kiddle
020 8441 7000

Northwood

Gynae Cancer Support Group

Contact: Kath Cremins

020 3826 2091 / 07917 078214

Other sources of support and information

Cancer Research UK

Funds research into cancer. Provides information on cancer and its treatments.

0808 800 4040

www.cancerresearchuk.org

HealthTalkOnline

Website with videos in which patients share their experiences of cancer.

www.healthtalk.org

Macmillan Cancer Support

Provides practical, medical and financial support.

0808 808 0000

www.macmillan.org.uk

Macmillan Online Community

Anonymous, free network of people affected by cancer. Join and get support from others.

www.community.macmillan.org.uk

NHS Choices

www.nhs.uk

After treatment

Take Control

This is a 3-hour workshop for cancer patients who have finished, or are just about to finish treatment. It focuses on practical and emotional skills, self-management techniques and coping strategies to help you move forward and 'take control' of life after treatment has finished.

Lynda Jackson Macmillan Centre

Mount Vernon Hospital

020 3826 2555

HOPE

A course that helps people who have had cancer to move on with life after treatment.

It runs for six weeks, 2½ hours a week, at the Lynda Jackson Macmillan Centre. The course aims to enable people to cope emotionally, psychologically and practically by focusing on building on their existing strengths.

Lynda Jackson Macmillan Centre

Mount Vernon Hospital

tel: 020 3826 2555