



Haematological cancer

This leaflet is for patients with haematological cancer and provides details of organisations you may find helpful. Your specialist nurses are:

Helen Johnson

Anna Tobin

020 3826 2101 or 07769 880405

For appointment enquiries contact
your consultant's secretary

**For emergencies:
24 hr Emergency Advice Line:
07825 028855**

If you have any questions about your cancer,
please do not hesitate to contact the
Lynda Jackson Macmillan Centre at Mount
Vernon Cancer Centre. The drop-in centre
and telephone helpline are open:

Mon – Fri: 9.30am – 4.30pm

Helpline: **020 3826 2555**

Website: **www.ljmc.org**

List of **local support and information services**:
ask for a copy of LJMC leaflet HHC200

Organisations for haematological cancer

African Caribbean Leukaemia Trust

Supports patient donor appeals to help to
find an unrelated bone marrow donor
within the BME (Black Minority Ethnic) UK
communities.

020 3757 7700

www.aclt.org

Bloodwise

0808 2080 888

www.bloodwise.org.uk

Leukaemia CARE

0808 801 0444

www.leukaemiacare.org.uk

Lymphoma Association

0808 808 5555

www.lymphomas.org.uk

Myeloma UK

0800 980 3332

www.myeloma.org.uk

Other organisations

Anthony Nolan

Finds matches for patients who need a bone
marrow transplant from a donor; recruits
volunteers to join the donor register.

www.anthonynolan.org

Local support groups

Barnet

Lymphoma Support Group (Cherry Lodge)

Contact: Fiona Kiddle

020 8441 7000

Northwood

North West Middlesex Lymphoma Support Group

0808 808 5555 (Lymphoma Association)

Web: www.lymphomas.org.uk

St Albans

St Albans Haematology Support Group

Contact: CARE Team

0808 801 0444

Email: care@leukaemiacare.org.uk

Stevenage

Lymphoma Support Group

0808 808 5555 (Lymphoma Association)

Web: www.lymphomas.org.uk

Welwyn Garden City

Hertfordshire Myeloma Support Group

Contact: Cathy Evans on 01923 217386 or
Alison Paterson on 01438 284294

Web: www.myeloma.org.uk

Email: myelomasupport.enh-tr@nhs.net

Other sources of support and information

Cancer Research UK

Funds research into cancer. Provides information on cancer and its treatments.

0808 800 4040

www.cancerresearchuk.org

HealthTalk

Website with videos in which patients share their experiences of cancer.

www.healthtalk.org

Macmillan Cancer Support

Provides practical, medical and financial support.

0808 808 0000

www.macmillan.org.uk

Macmillan Online Community

Anonymous, free network of people affected by cancer. Join and get support from others.

www.community.macmillan.org.uk

NHS Choices

www.nhs.uk

After treatment

Take Control

This is a 3-hour workshop for cancer patients who have finished, or are just about to finish treatment. It focuses on practical and emotional skills, self-management techniques and coping strategies to help you move forward and 'take control' of life after treatment has finished.

Lynda Jackson Macmillan Centre
Mount Vernon Hospital
020 3826 2555

HOPE

A course that helps people who have had cancer to move on with life after treatment. It runs for six weeks, 2½ hours a week, at the Lynda Jackson Macmillan Centre. The course aims to enable people to cope emotionally, psychologically and practically by focusing on building on their existing strengths.

Lynda Jackson Macmillan Centre
Mount Vernon Hospital
tel: 020 3826 2555