



Lung cancer

This leaflet is for patients with lung cancer and provides details of organisations you may find helpful.
Your specialist nurse is:

Julie Munson 020 3826 2088
07825 934210

For appointment enquiries contact
your consultant's secretary

For emergencies:
24 hr Emergency Advice Line:
07825 028855

If you have any questions about your cancer,
please do not hesitate to contact the
Lynda Jackson Macmillan Centre at Mount
Vernon Cancer Centre. The drop-in centre
and telephone helpline are open:

Mon – Fri: 9.30am – 4.30pm

Helpline: **020 3826 2555**

Website: **www.ljmc.org**

List of **local support and information services:**
ask for a copy of LJMC leaflet HHC200

Organisations for lung cancer

British Lung Foundation

0300 003 0555
www.blf.org.uk

Mesothelioma UK

0800 169 2409
www.mesothelioma.uk.com

Roy Castle Lung Cancer Foundation

0333 323 7200
www.roycastle.org

Stopping smoking

Smokefree Helpline

Expert advice and encouragement
from specialist advisers.
0800 022 4 332
www.smokefree.nhs.uk

Local support groups

Stevenage

Lung Cancer Patient Support Group

Contact: Elaine Allen
07990 566190

Watford/Garston

Lung & Mesothelioma Support Group

Contact: Linda Charalambous
01923 217010

Other sources of support and information

Cancer Research UK

Funds research into cancer. Provides information on cancer and its treatments.
0808 800 4040
www.cancerresearchuk.org

HealthTalk

Website with videos in which patients share their experiences of cancer.
www.healthtalk.org

Macmillan Cancer Support

Provides practical, medical and financial support.
0808 808 0000
www.macmillan.org.uk

Macmillan Online Community

Anonymous, free network of people affected by cancer. Join and get support from others.
www.community.macmillan.org.uk

NHS Choices

www.nhs.uk

After treatment

Take Control

This is a 3-hour workshop for cancer patients who have finished, or are just about to finish treatment. It focuses on practical and emotional skills, self-management techniques and coping strategies to help you move forward and 'take control' of life after treatment has finished.

Lynda Jackson Macmillan Centre
Mount Vernon Hospital
020 3826 2555

HOPE

A course that helps people who have had cancer to move on with life after treatment.

It runs for six weeks, 2½ hours a week, at the Lynda Jackson Macmillan Centre. The course aims to enable people to cope emotionally, psychologically and practically by focusing on building on their existing strengths.

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Mount Vernon Hospital
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